

2023 SLGC Open "Meet Me in St. Louis" Schedule

Meet Location: The Club at Chesterfield

Located in: DoubleTree Hotel & Conference Center 16625 Swingley Ridge Road, Chesterfield, MO 63017

www.slgcmeetmeinstlouis.org

Saturday, January 7, 2023

FINAL Schedule 12/7/22

Gym 1

Session 1 - Gym 1 Women's Level 6

Open Stretch 9:00 am

Gyms: Champions AR, DGF, Edwardsville YMCA, Liberty, M & M, Midwest Twisters, OC, Ohana, Saluki, SLGC

Gym 2

Session 1 - Gym 2 Xcel Bronze

Open Stretch 9:00 am

Gyms: Team ICON, Elevate, Gym Zone, Pride of Illinois, SLGC

Gym 3

Session 1 - Gym 3 Men's Level 5

Open Stretch 9:00 am

Gyms: 316 Platinum, ACROS, Branson Ultimate, Champions AR, Champions KY, Emerald City, Emerge, Mercury, Saluki, SLGC, Springfield

Session 2 - Gym 1 Women's Level 7

Open Stretch 12:15 pm

Gyms: Beller's, Edwardsville YMCA, Flip Flop, Gym Zone, Liberty, M&M, Midwest Twisters, Northside, OC, Ohana, Pride of Illinois, Revolution,

Session 2 - Gym 2 Xcel Silver A

Open Stretch 11:15 am

Gyms: Gym Zone, High Energy, Pride of Illinois, Skymax Gymnastics, SLGC,

Session 2 - Gym 3 Men's Levels 6, 7 & 8

Open Stretch 1:00pm

Level 6 Gyms: 316 Platinum, Champions KY, Jefferson City, Mercury, Saluki, SLGC, Springfield

Level 7 Gyms: 316 Platinum, ACROS, Emerge, SLGC, Springfield

Level 8 Gyms: Champions AR, Saluki, SLGC

Session 3 - Gym 1 Women's Level 8 & Xcel Diamond

Open Stretch 3:30 pm

Level 8 Gyms: Beller's, Champions AR, Edwardsville YMCA, Liberty, M&M, Midwest Twisters, OC, Revolution, SLGC, Springfield

Xcel Diamond Gyms: Midwest Twisters, SLGC, Springfield, WGA

Session 3 - Gym 2 Xcel Silver B

Open Stretch 2:00 pm

Gyms: Elevate, Midwest Twisters, SLGC, Springfield, Team ICON

Session 3 - Gym 3 Men's Levels 9 & 10

Open Stretch 5:15 pm

Level 9 Gyms: Champions AR, Champions KY, Emerge, Mercury, SLGC, Springfield

Level 10: Emerge, Mercury, SLGC, Springfield, World Class

Session 4 - Gym 1 Women's Levels 9 & 10

Open Stretch 6:45 pm

Level 9 Gyms: Champions AR, DGF, Gym Zone, Liberty, M&M, OC, Revolution, SLGC

Level 10 Gyms: Edwardsville YMCA, Liberty, OC, Revolution, SLGC

Session 4 - Gym 2 Women's Level 3

Open Stretch 4:45 pm

Gyms: Champions AR, DGF, Elevate, Flip Flop, Midwest Twisters, OC, Revolution, SLGC, Team Central

2023 SLGC Open “Meet Me in St. Louis” Schedule

Meet Location: The Club at Chesterfield

Located in: DoubleTree Hotel & Conference Center 16625 Swingley Ridge Road, Chesterfield, MO 63017

www.slgcmeetmeinstlouis.org

Sunday, January 8, 2023

FINAL Schedule, 12/7/2022

Gym 1

Gym 2

Gym 3

Session 5 - Gym 1
Xcel Gold A

Open Stretch 9:00 am

Gyms: Gym Zone, High Energy, Midwest Twisters, Saluki, Skymax Gymnastics, SLGC, Springfield, Team ICON

Session 5 - Gym 2
Women's Level 4 A

Open Stretch 9:00 am

Gyms: Beller's, Champions AR, Elevate, Flip Flop, Liberty, Midwest Twisters, SLGC

Session 4- Gym 3
Men's Level 3

Open Stretch 9:00 am

Level 3 Gyms: 316 Platinum, ACROS, Champions AR, Champions KY, Saluki, SLGC, Springfield, World Class

Session 6 - Gym 1
Xcel Gold B

Open Stretch 12:00 pm

Gyms: Beller's, Elevate, GQ, Pride of Illinois, SLGC, Team ICON, WGA

Session 6 - Gym 2
Women's Level 4 B

Open Stretch 12:00 pm

Gyms: DGF, Edwardsville YMCA, GQ, OC, Revolution, Team Central

Session 5- Gym 3
Men's Level 4

Open Stretch 12:45 pm

Level 4 Gyms: 316 Platinum, Branson Ultimate, Champions AR, Champions KY, Emerge, Jefferson City, Saluki, SLGC, Springfield, World Class

Session 7 - Gym 1
Xcel Platinum

Open Stretch 3:00 pm

Gyms: Beller's, DGF, Edwardsville YMCA, Elevate, GQ, Gym Zone, High Energy, Northside, Pride of Illinois, Saluki, SLGC, Springfield, Midwest Twisters,

Session 7 - Gym 2
Women's Level 5

Open Stretch 3:00 pm

Gyms: DGF, Edwardsville YMCA, GQ, Liberty, Midwest Twisters, Pride of Illinois, SLGC, Team Central